

Crawl Low Under Smoke

Grade Level

K, 1, 2

Objectives

The children will be able to:

- Understand and practice crawling when escaping from a fire
- Learn the hazards associated with smoke inhalation

Understanding and practicing Crawl Low Under Smoke at this level requires these basic lessons:

- Good air is down low close to the floor - stay low!
- Crawl low on your hands and knees - not on your belly.
- Roll out of bed - if you awaken to the sound of smoke detectors.
- Smoke detectors must work to warn you of a fire.
- If there is a fire - Dont hide - Get out and Stay out!

Don't teach Crawl Low Under Smoke and Stop, Drop and Roll in the same lesson. It may cause confusion.

Activity 1:

Description: Use a bed sheet to represent smoke and have the children crawl underneath.

Materials:

Bed Sheet

Select two students to hold opposite ends of the bed sheet. Have them wave the sheet up and down. Tell the other children to crawl low under the smoke where the good air is. Give each child the opportunity to hold the sheet and crawl under the smoke.

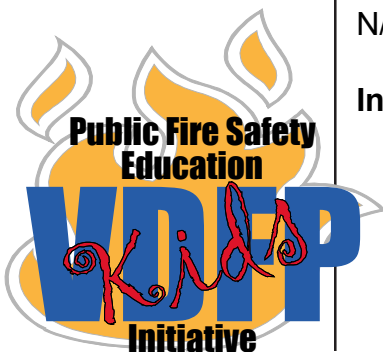
Activity 2

Description: Use a phrase to alert the children to practice crawling to an exit when the alarm sounds.

Materials:

N/A

Instructions: Notify the children to two exits. Identify the phrase "Smoke is in



the air” as the key phrase to alert the children to stop what they are doing immediately and crawl low to an exit. When the “key phrase ” is spoken, have the children immediately stop what they are doing and crawl to the designated exit. Repeat.

Activity 3

Description: Teach the children a song to help them remember Crawl Low Under Smoke

Materials:

N/A

Instructions: Teach students this song (Sung to: “The Farmer in the Dell”)

If you smell smoke, don't hide,
If you smell smoke, don't hide,
High-ho, there's fire you know,
If you smell smoke, don't hide.
The fire won't go away,
The fire won't go away,
High-ho the smoke will go,
The fire won't go away.
You have to get away,
You have to get away,
High-ho, the smoke will go,
You have to get away.

Have students practice crawling towards an exit as they sing the song.

