

STOP, DROP AND ROLL

Grade Level

K, 1, 2

Objectives

The children will be able to:

- understand and practice stop, drop and roll
- practice stop, drop and roll in various settings (indoors vs. outdoors; small areas vs. large areas)

Understanding and practicing stop, drop and roll at this level requires these basic lessons: If you have an accident and your clothes catch on fire, STOP, DROP and ROLL. Do not teach Stop, Drop and Roll and Crawl Low Under Smoke in the same lesson. It may cause confusion.

STOP - Don't run or the fire will get bigger

DROP - Down to the ground wherever you are, right away, then cover your face.

ROLL - Back and forth continuously until all the fire is out. Remember - you must continue to roll until the fire is out.

Activity 1:

Description: Explain to the children that if their clothes ever catch on fire, they should “stop, drop, and roll.” Demonstrate the proper technique in the classroom.

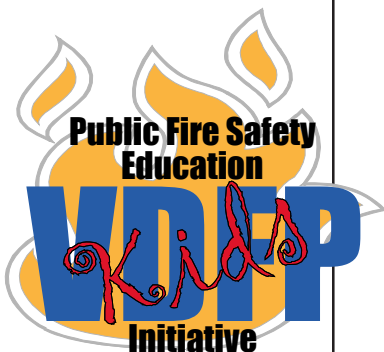
Materials:

Balloons
Safety Pins

Alternate Materials:

Red construction paper
Tape
Scissors

Instruction: Pin an inflated balloon on the childrens' backs and yell “STOP, DROP, and ROLL!” The children should roll until their balloon breaks or the whistle blows. This helps them understand that they cannot just roll once! You can replace the ballon and safety pin with red consturction paper shaped



as flames and tape.

Activity 2

Description: Give the children a scenario where they should practice Stop, Drop and Roll.

Materials:

N/A

Instructions: Read students the following situation and ask them what Jason should do.

Jason was cooking breakfast one morning. He reached across the burner to grab a roll of paper towels. The towels dropped on the burner and caught fire. Jason tried to put the fire out, but it caught on his sleeve. What should he do?

Possible Responses:

- Run for help.
- Put his sleeve in water.
- Call for help.

Emphasize that the best thing to do is Stop, Drop and Roll.
Demonstrate the steps.

- If your clothes catch on fire, STOP!
- Cover your face with your hands and DROP to the ground.
- ROLL back and forth until the fire is out.

Activity 3

Description: Teach the children a song to help them remember Stop, Drop and Roll

Materials:

N/A

Instructions: Teach students this song (sung to the tune of “Hot Cross Buns,” or the Campbell’s Soup Song):

Stop, Drop and Roll.

Stop, Drop and Roll.

If your clothes catch on fire,

Stop, Drop and Roll.

Have students do the motions as they sing the song. Repeat three or four times until students can both verbalize and act out the motions.

