

# **REGIONAL SCHOOL** *SPRING 2018*

Saturday & Sunday March 24 & March 25, 2018 Albemarle High School

### **Sponsored by:**

Albemarle County Department of Fire Rescue Virginia Department of Fire Programs

### January 2018

We are pleased to extend an invitation to our 2018 Spring Regional School, held at Albemarle High School on 24 and 25 March 2018. Course times will run 0800-1700 hours daily, unless otherwise noted. Registration will begin at 0700 Hours on Saturday, 24 March 2018.

<u>Pre-registration is required</u>, and the <u>deadline</u> for school registration is <u>9 March 2018</u>. To register, complete the Regional Fire School Application. Albemarle County personnel must register through his/her station-training officer. The participant's non-refundable \$25 registration fee<sup>1</sup> is required with submission of the registration form. The fee includes morning breaks, school expenses, and lunch on Saturday and Sunday. Some classes require textbooks that are <u>not</u> covered by the registration fee and will be on sale during registration. Mail the registration fee to Albemarle County Department of Fire Rescue. Books will be available for purchase onsite, or online at the VDFP bookstore.

Some courses require self-contained breathing apparatus (SCBA) and other personal protective equipment; please read course specifics closely. As always, it is the policy of the Virginia Department of Fire Programs that personnel with beards are not allowed to participate evolutions or hazardous environments requiring the use of SCBA.

During your stay in Albemarle, we encourage you to experience all that Jefferson's country has to offer. Additionally, we invite you to visit any one of our fire rescue stations throughout the weekend, and please do not hesitate to call on any of our staff members for assistance of any kind. *Training rocks*, so, we hope to see you in March in the beautiful Piedmont of Virginia.

Best regards,

J. Dan Eggleston Chief

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M. Scott Lambert

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Division Chief – Training

### **COURSE OFFERINGS**

### **ARFF** for General Aviation

March 23 & 24

**Description**: This program is designed to provide emergency response personnel who may be the first to arrive on the scene of an aviation incident or accident the fundamental knowledge and skills to insure a positive outcome.

The base program consists of a lecture/field trip program designed for all types of first responders (Fire/EMS, LEO, etc.). The program is designed to introduce first responders to the aviation industry in Virginia. This includes data on the size and scope of the aviation industry and infrastructure in Virginia. The program also includes a section combining actual Virginia aviation accident and incident case studies with an emphasis on what first responders can expect to encounter. Responders will also learn the basic of aircraft anatomy, construction, and potential dangers. Additionally, responders will also learn about possible agencies and organizations that may be a part of an aviation accident or incident.

Licensed EMS personnel who complete the course will also earn 11 hours of Category 2 OEMS CEU's.

**Prerequisites:** Participants must be 18 years of age.

**NOTE:** March 23 registration starts at 1700 (5 PM) hours and class begins at 1800 (6:00 PM) hours at Albemarle High School. All students are encouraged to come to the "Stress First Aid" class on Sunday morning.

### **Hazardous Materials Operations**

March 23, 24, 25 April 7 & 8

**Description**: A course designed for hazardous materials first responders. This course consists of classroom and practical training. Classroom builds upon Hazardous Material First Responder Awareness discussion and goes into properties of hazardous materials, containers, transportation hazards and protective equipment. The practical covers various defensive practice scenarios.

**Prerequisites:** All students must be at least 16 years of age on the first day of class; 16-17 year old junior firefighters must have completed or be enrolled in a Virginia Department of Fire Programs Level I Firefighter training program, (documented by VDFP transcript) and provide a signed parental permission form to be placed on file with the Virginia Department of Fire Programs (Division Office). To meet DOLI requirements, parental permission forms must be submitted and on file prior to the first day of training; All students attending this training program must be a member of a recognized fire department which provides insurance requirements.

**NOTE:** March 23 registration starts at 1800 (6 PM) hours and class begins at 1830 (6:30 PM) hours at Albemarle High School. Classes starting on April 1 will be held at Hollymead Fire Rescue.

### Instructor I (NFPA 1041-12)

March 24, 25 & 31 April 7, 14, 18, & 28

**Description**: The Instructor I Certification Course contains 42 hours of student lectures, group activities, and four (4) individual presentations with demonstrations. The Virginia Department of Fire Programs (VDFP) Instructor I certification program is an advanced course requiring extensive reading and presentation research and preparation by each candidate.

Candidates should ensure they are able to comply with the course schedule prior to registration. Instructor I Candidates failing to attend 100% of the scheduled training program in sequential order will not be eligible to participate in the final certification testing and evaluation process.

**Prerequisites:** Instructor I Candidates must have a current certification as a Level II Firefighter (or higher), have recognized training in Hazardous Materials Awareness and Operations, and be a minimum of 18 years of age at the time of registration. (**Note**: *The IFSTA*, 8<sup>th</sup> Edition, Fire and Emergency Services Instructor textbook is required.)

**NOTE:** Classes starting on March 31 will be held at Albemarle County Office Building – 5<sup>th</sup> Street (1600 5<sup>th</sup> Street – Charlottesville, VA).

### **Introduction to Technical Rescue – Module II**

March 24 & 25

**Description:** Module 2 is a 16-hour introductory classroom and practical course addressing the job performance requirements of NFPA 1006. This course will require basic rescue skills in the low and high angle environments to include site operations; establishment of landing zones for helicopter operations; victim management; rope, knots, and anchoring systems. This course is designed for personnel who will actually serve on or in support of a technical rescue incident. Students will receive a VDFP Certificate of Attendance.

*Prerequisites:* Minimum 18 years of age, Completion of Introduction to Technical Rescue – Module I, and Hazardous Materials Operations

### **NFA Decision Making for Company Operations**

March 24 & 25

**Description:** This two-day course is designed to develop the decision-making skills needed by Company Officers (COs) to accomplish assigned tactics at structure fires. All activities and scenarios used in this course are based on structure fires. With the real possibility of being the first to arrive at an incident, the CO's initial decisions will have an impact throughout the entire incident. It is vital that COs be able to make good management decisions that have a favorable impact on the eventual outcome. In addition to a possible role as the initial Incident Commander, the CO may well be assigned a subordinate position within the Incident Command System organization. COs need to have a clear understanding of the system, the position that they are assigned to, and their role in the organization if they are to function effectively and help make the system work.

*Prerequisites:* IS 100, IS 200, and IS 700. Students who are 16 or 17 must have Firefighter I certification.

### **NFA Incident Safety Officer**

March 24 & 25

**Description:** This 2-day course examines the Safety Officer's role at emergency responses. A specific focus is on operations within an Incident Command System (ICS) as a Safety Officer.

The target audience is individuals who have a Safety Officer responsibility at emergency operation situations. Persons attending this course should have a working knowledge of the ICS, as taught by NFA, building construction principles, hazardous materials management, applicable NFPA guidelines, and federal regulations.

*Prerequisites:* IS 100, IS 200, and IS 700. Students who are 16 or 17 must have Firefighter I certification.

### NFA Strategy and Tactics for the Initial Company Officer

March 24 & 25

**Description**: Changes in modern building design and materials have altered the nature of structure fires, with modern homes able to reach flashover eight times faster than homes built 50 years ago. Firefighters are being challenged by different fire ground hazards due to today's more open floor plans and the use of synthetic materials in furniture and building products. These changes have made structure fires more deadly than ever before and call into question traditional firefighting tactics. With what has been brought to light by UL and NIST, this NFA-STICO training program provides an educational opportunity through a combination of *lecture*, *illustrations*, *group discussions/activities*, *case studies*, and *computer generated simulations*. This program is essential for all levels of fire service personnel. It provides the necessary information and basic skills to recognize how and why science and the fire service have joined forces to adjust and enhance firefighting tactics. Firefighter safety and building occupant survivability are our primary responsibilities and key elements for this training program.

*Prerequisites:* IS 100, IS 200, and IS 700. Students who are 16 or 17 must have Firefighter I certification.

Stress First Aid March 25

**Description:** Stress First Aid (SFA), an important component of fulfilling Life Safety Initiative 13. The Stress First Aid Program is a set of supportive actions designed to help emergency responders assist each other in reducing the negative impacts of stress. SFA was designed specifically to support firefighters, EMS, and rescue personnel. This module teaches SFA at the awareness level, focusing on:

- Understanding stress
- Recognizing how stress manifests in thoughts, words, and actions
- Delivering the "Seven C's" of Stress First Aid (Check, Coordinate, Cover, Calm, Connect, Competence, Confidence) to each other

*Prerequisites:* Students who are 16 or 17 must have Firefighter I certification.

### **Tactical Emergency Casualty Care**

March 24 & 25

**Description**: The Tactical Emergency Casualty Care (TECC) course is a 2-day course. TECC is developed by the National Association of EMTs introduces evidence-based, life-saving techniques and strategies for providing the best trauma care in a civilian tactical operation or any other human threat emergency. TECC is conducted under the auspices of the PHTLS program. TECC is oriented toward the civilian tactical medical provider and is fully compliant with the recommendations of the Hartford Consensus I, II, III and IV, the C-TECC standards and the foundational principles of Tactical Combat Casualty Care

**Prerequisites:** The class is open to all level EMS providers (EMT, Advanced, Intermediate and Paramedic) and certification will be issued at the BLS or ALS level.

#### 14th Annual Walker Sisk Memorial Truck School

March 23, 24, & 25

**Description:** This course was designed in memory of Walker Andrew Sisk. Walker loved the fire service and had a great passion for knowing the skill of being a firefighter. This class has a lecture all day Friday at Church of Our Savior to discuss building size up, reading smoke, and roles and responsibilities. On Saturday and Sunday, we will be at the Fire Training Center for hands-on training with Residential & Commercial Forcible Entry, VEIS, Ventilation on Flat and Peak Roofs, Search and Rescue, Ground Ladders, Wall Breach, Firefighter Rescue, Tool Readiness and Can Confidence. We have over 30 instructors that are passionate about their skills and want to share those skills with others. This is a noncertification course, but you will gain the skill, knowledge and art of being a truck firefighter. **This course requires a \$150 registration fee that is non-refundable.** 

**Prerequisites:** VDFP Firefighter I or equivalent with at least 12 months of service with current department. This is a non-certification course.

#### **NOTE:**

- 1) There will be a mandatory class on Friday, March 23 (0900-1700) at Church of Our Savior located at 1165 Rio Road East. Registration will be from 0730 to 0900 hours on Friday, March 23.
- Class on Saturday and Sunday will start at 0800 at the Fire Training Center on Peregory Lane, Charlottesville VA 22902
- 3) Lunch is provided all 3 days
- 4) Full PPE with SCBA and a spare bottle is required for this course.
- 5) Class is limited to 48 students

### **DIRECTIONS TO REGIONAL SCHOOL LOCATION**



Albemarle High School – 2775 Hydraulic Road – Charlottesville, VA 22901

### From Richmond Area:

- Take Interstate 64 West toward Charlottesville (~66 Miles).
- Take the US-250 Exit (Number 124) toward Charlottesville/Shadwell/Airport.
- Turn Right onto Richmond Road/US-250 West.
- Turn Slight Right onto Hydraulic Road.
- 2775 Hydraulic Road is on the left.

### From Northern Virginia Area:

- Take Interstate 66 West toward Front Royal.
- Merge Onto US-29 South via Exit Number 43A toward Gainesville/Warrenton.
- Turn right onto West Rio Road
- West Rio Road becomes Hydraulic Road
- 2775 Hydraulic Road is on the right.

#### From Roanoke Area:

- Take Interstate 81 North toward Lexington/Staunton.
- Take Exit 221 onto Interstate 64 East toward Richmond.
- Merge onto US-29 North via Exit 118B toward Charlottesville/Culpeper.
- Merge onto US-29 North/Emmet Street North toward Washington
- Turn left onto Hydraulic Road
- 2775 Hydraulic Road is on the left.

### From Lynchburg Area:

- Take US-29 North.
- Merge onto US-29 North/Emmet Street North toward Washington
- Turn left onto Hydraulic Road
- 2775 Hydraulic Road is on the left.

### **LODGING**

Hyatt Place - Charlottesville

www.hyatt.com 2100 Bond Street Charlottesville, VA 22901 Voice: 434.995.5200



Holyday Inn<sup>2</sup>

www.holidayinn.com 1901 Emmet Street Charlottesville, VA 22901 Voice: 434.977.7700 FAX: 434.244.9968



Homewood Suites by Hilton<sup>3</sup>

2036 India Road Charlottesville, VA 22901 Voice: 434.244.6200 FAX: 434.244.6161



DoubleTree Hotel

www.doubletree1.hilton.com 990 Hilton Heights Road Charlottesville, VA 22901 Voice: 434.973.2121

FAX: 434.978.7735



<sup>&</sup>lt;sup>2</sup> Block of Double/King Rooms - \$ 109 + tax nightly rate – Group name is Albemarle County Fire & Rescue Dept.

<sup>&</sup>lt;sup>3</sup> Block of King Non-Smoking Rooms - # 128 + tax nightly rate – Group name is Albemarle Fire Rescue

### **USEFUL WEBLINKS**

To make the most of your visit to the Albemarle County & Charlottesville area, we are pleased to refer you to the following websites:

- Albemarle County (www.albemarle.org)
- Albemarle County Department of Fire Rescue (www.ACFireRescue.org)
- City of Charlottesville (www.charlottesville.org)
- University of Virginia (<u>www.virginia.edu</u>)
- ACAC Fitness & Wellness Centers (www.ACAC.com)
- The Daily Progress (<u>www.dailyprogress.com</u>)
- NBC 29 (www.nbc29.com)
- CBS 19, FOX 27, & ABC 16 (www.charlottesvillenewsplex.tv)
- C'ville Weekly Newspaper (<u>www.c-ville.com</u>)
- The Hook Weekly Newspaper (<u>www.readthehook.com</u>)
- The Cavalier Daily (www.cavalierdaily.com)

### REGISTRATION

- 1. Pre-registration is required.
- 2. The deadline for school registration is Friday, 9 March 2018.
- 3. Albemarle County personnel must register through his/her station-training officer.
- 4. To register, complete the Regional School Application (next page) or the VDFP Student Application. The VDFP Student Application Form is available online at www.vafire.com.
- 5. Include the non-refundable registration fee (\$25/\$150) made payable to County of Albemarle with the registration form.
- 6. Mail registration and fee to:

County of Albemarle

Department of Fire Rescue

460 Stagecoach Road, Suite F

Charlottesville, VA 22902-6489

- 7. Credit cards are accepted for registration payment. For more information on this payment method, please contact Christina Davis at <a href="mailto:cdavis@albemarle.org">cdavis@albemarle.org</a> or by phone (434) 296-5833, ext. 3102.
- 8. Information for textbook(s) will be in your registration letter.
- 9. For more information, please visit <a href="www.ACFireRescue.org">www.ACFireRescue.org</a>, e-mail <a href="cdavis@albemarle.org">cdavis@albemarle.org</a>, or call 434.296.5833.

FDID #.

## **Albemarle County Fire Rescue 2017 Regional School Application**

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