

IAFF PEER SUPPORT TRAINING

Developed and Delivered by Peers

June 6th - 7th, 2017
0900-1700

Learn and practice skills to effectively become a peer counselor
and establish your own peer support team

▶ Attend this important training opportunity if you have ever:

- Worried about a brother or sister
- Seen signs of substance abuse, family problems, post-traumatic stress, depression, anxiety or major stress
- Wanted to reach out and offer support
- Felt uncertain about what to say or how to reach out

This program is designed specifically for fire fighters, EMS providers, dispatchers, chaplains, retirees, and behavioral health specialists — and any member of the fire service (of any rank!) interested in supporting brothers and sisters during tough times.

▶ This peer-led training will teach you how to:

- Develop a Peer Team for your department
- Approach a brother or sister of concern
- Establish trust and confidentiality
- Determine whether a crisis is developing
- Refer the person to available resources

IAFF PEER SUPPORT TRAINING

PRE-REGISTRATION IS REQUIRED.

June 6-7, 2017 @ 0900-1700

Location: Norfolk Fire – Training Center
7120 Granby Street
Norfolk, VA 23505

Cost: \$275 Includes Course and Lunch both days.

To register, send e-mail to IAFFLOCAL68TRAINING@GMAIL.COM registration form will be e-mailed to you. Class limited to 30 participants. No Refunds once accepted. Tickets can be transferred to other members of your local or department prior to two weeks of the start date. Pre-course assignment will be assigned two weeks prior to start date. Payment method via Check. Made out to **IAFF Local 68 and sent to IAFF Local 68 Attn. Peer Support Training 5691 E Virginia Beach Blvd Norfolk, VA 23502**

For more information, contact Kyle Shaw iafflocal68training@gmail.com or (703) 943-6148

